



GOVERNMENT OF KARNATAKA

No: HFW 108 ACS 2021

Karnataka Government Secretariat
Vikasa Soudha
Bengaluru, dated: 20.04.2021

CIRCULAR

Subject: Eligibility for Home Isolation/Home care & Criteria to be used for shifting the COVID-19 person to CCC, DCHC or DCH : Regarding

Reference: 1. Circular No: HFW295 /ACS 2020, Dated 10th August, 2020.

2. Proceedings of the 93rd meeting of State COVID-19-Technical Advisory Committee (TAC), Dept. of Health & Family Welfare, Dated: 10th April 2021.

In view of setting in of 2nd wave of COVID 19 in the State, wherein the positive cases are increasing alarmingly . Therefore, the following guidelines are issued herewith for strict compliance, so as to facilitate the effective management of patients, both under Home isolation / Home care and at Covid Care Centre, Designated Covid Health Centre or Designated Covid Hospital.

The guidelines issued as per reference (1) shall remain the same with the following modifications.

A. The eligibility for Home Isolation/Home care is as below.

- The person shall be clinically assigned as asymptomatic/mild case through telephonic triage or by the health staff/medical officer/ physician
- Such cases should have the requisite facility at their residence for self-isolation and also for quarantining the family contacts
- A caregiver should be available to provide care on a 24 X 7 basis. A regular communication link between the caregiver and hospital is a pre-requisite for the entire duration of home isolation/ home care
- Mild fever < 38⁰ C (< 100.4⁰ F)
- Oxygen saturation should be ≥ 95%
- Elderly patients aged more than 60 years and those with co-morbid conditions such as hypertension, diabetes, heart disease, chronic lung/ liver/ kidney disease, cerebro-vascular disease etc. shall be allowed home isolation/home care only after proper clinical evaluation by the treating medical officer/physician/ family doctor

- The person shall provide a signed undertaking for self-isolation/home care and follow guidelines of home isolation/home care
- The person shall agree to monitor his/her health and regularly inform their health status to the tele-monitoring team/ medical officer/physician/ family doctor and District Surveillance Officer (DSO) for further follow up by the surveillance teams.
- Home isolation/home care shall not be applicable for pregnant women 2 weeks before expected date of delivery (EDD)
- Home isolation/home care shall be allowed for lactating mothers after clinical evaluation by medical officer/ physician/ family doctor

Requisite facility at home for isolation/homecare

- Separate well ventilated room with a separate toilet for the person in isolation/home care
- The person shall stay in the identified room and away from other persons in the home (especially the elderly and those with co-morbid conditions like hypertension, cardiovascular disease, renal disease, etc.)

If the person does not fit to the above criteria for home isolation/home care or the house is not suitable for home isolation/home care, then isolation at a facility (CCC/DCHC/DCH) is recommended.

B. The criteria for shifting the COVID-19 positive cases to CCC, DCHC or DCH are as shown below:

Criteria	COVID care Centre* (CCC)	Dedicated COVID Health Centre(DCHC) (Beds with Oxygen facility)	Dedicated COVID Hospital (DCH) (ICU Beds Available)
Clinical condition	Asymptomatic or Mild	Moderate	Severe
Measure Oxygen Saturation with fingertip Pulse oximeter	SpO ₂ more than 94%	SpO ₂ between 90 to 94%	SpO ₂ less than 90%
Pulse Rate	<100/ min	100-120/min	>120/ min
Systolic Blood Pressure	-	-	<100 mm Hg
Respiratory Rate	< 24/ min	24-30/min	>30/min
a. Co-morbid Conditions b. Pregnancy	Co-morbidities like hypertension, diabetes, thyroid disease, cancer, kidney, liver, heart diseases etc. under good clinical control as assessed by medical officer/ physician	- With co-morbid conditions not under good clinical control as assessed by medical officer/physician - Pregnant women- 2 weeks before expected date of delivery (EDD)	- With co-morbid conditions not under good clinical control as assessed by medical officer/physician)



Note: * when the house is found not suitable for isolating the person at home; besides, shifting of the person may also be considered if the asymptomatic person opts for CCC.

Hospital admission:

The patients having moderate and severe symptoms shall be admitted in Dedicated COVID Health Centers (DCHCs), Dedicated COVID Hospitals (DCHs) or COVID-19 hospitals, both in government and private.

However, asymptomatic persons and those with mild symptoms shall be managed in home isolation/home care or shifted to COVID care centers (CCCs) both in government and private. Admitting these patients in DCHs/DCHCs/COVID hospitals will deny beds to other needy COVID-19 patients.

A. Hospital discharge:

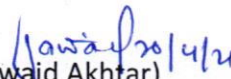
The existing guidelines for discharge from the hospital is as per the annexure attached. "In this regard, it is further clarified that; for discharge of COVID-19 patient from the hospital, the duration shall be counted from the date of onset of symptoms and not from the date of hospital admission".

B. Transfer of clinically improved patients from COVID hospitals to COVID-19 Care Centers (CCCs)

- In view of surge in COVID-19 cases in the state and to ensure prudent use of hospital beds both in government and private for moderately and severely ill COVID-19 patients, it is necessary to transfer clinically improved patients to COVID Care Centers (CCCs) as per criteria mentioned below:
- No Fever and No Symptom/s for the last 3 consecutive days (without antipyretics) before transfer to CCC, and
- Maintaining oxygen saturation above 95% for the last 4 consecutive days (without oxygen support)

Those who fulfill these criteria in the COVID hospitals shall be transferred to the CCC by the treating physician after a careful clinical evaluation of the patient.

The above guidelines for admission, discharge, and transfer shall be followed in all DCHCs, DCHs, both in government and private Health Facilities in the State.


(Jawaid Akhtar)

Additional Chief Secretary to Govt
Department of Health and Family Welfare

Copy to:

1. Deputy Commissioners of all districts
2. CEO, ZP of all districts

3. The District Health and Family Welfare officers of all districts
4. The District Surgeons of all districts
5. The District Surveillance Officers of all districts
6. The Director, Medical Education
7. The Director, Health & Family Welfare Services
8. Chief Health Officer, BBMP, Bengaluru
9. Chief Commissioner-BBMP
10. Commissioner, Health & F W Services
11. Special Commissioner- Health, BBMP, Bengaluru
12. Mission Director-National Health Mission

Copy for kind information to:

1. Chief Secretary to Government of Karnataka
2. Additional Chief Secretary to Hon'ble Chief Minister
3. Principal Secretary, Medical Education
4. P S to Hon'ble Minister for Health & F W and Medical Education